



2026 WVSC LIGHTNING TOURNAMENT

Competition Information and Regulations

The Lightning Football Tournament is endorsed by Capital Football with tournament proceeds supporting the Woden Valley Soccer Club.

The tournament will be held over two days and will include divisions for both open and girls.

If you require further information, please don't hesitate to contact events@wvsc.org.au

Further tournament information will be circulated to all teams via email to the nominated contact.

REGISTRATIONS

Step 1: Deposit of \$50 to confirm your team nomination by 5th of March. Please note, if this is not received by the due date your team spot will be offered to a team on our waiting list.

Step 2: All participating teams need to provide a completed team list including players names, FFA and DOB (see attached) and emailed to events@wvsc.org.au

Step 3: Player Consent Forms must be completed by each player via this JotForm before the tournament <https://form.jotform.com/253075715944867>

Step 4: All player fees should be collected and paid together as per the instructions on page 2 of the information.

Please note: Final payment must be made before 15th of March 2026 to confirm your team registration.

FEES

Age group	Per player
U8-9s	\$30 (min 7 players up to 10 per team)
U10-13s	\$35 (min 9 players up to 14 per team)
U14-16s	\$40 (min 11 players up to 16 per team)

- This fee includes insurance cover for players registered for the 2026 Capital Football winter competition.
- Interstate teams' insurance cover is provided by their local registration organisation so long as they are registered for the 2026 winter competition and have obtained clearance (sanction) from the appropriate governing body. This governing body is the relevant Football/Soccer Club, Association, Branch or State Federation.
- **Insurance for non-registered players:** Where players are not registered for the 2026 winter competition, mandatory insurance cover is required. Team managers are required to provide the following link to these players. A fee of \$21 will be required at the time of registration. <https://registration.playfootball.com.au/participant/product-details/66193584>
- **Please transfer payment to the following account:**

Bank	Beyond Bank
Account Number	03949398 WVSC- Savings account
BSB	325185
Account Name	Woden Valley Soccer Club Inc.
Reference	Team name eg Open U10 WVSC Wolves

DATES and DIVISIONS

Saturday 18th April 2026 Open Competitions U8 U9 Girls Competitions U10 U11 U12 U13 U14 U16	Sunday 19th April 2026 Open competitions U10 U11 U12 U13 U14 U15 U16
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Depending on the number of teams registered some grades may be combined for an even competition. Each division will be divided into even pools where possible.

DRAWS

The draws for each division will be available by the end of March 2026 once all divisions have been confirmed and completed registrations received. The first game on each day will kick-off at 9:00am and the last games will finish by 5:00pm (the final draw will be available on the competition day from the registration table located near the canteen).

COMPETITION RULES

The tournament is played under Capital Football's Competition Regulations 2024 Junior League and Mini Roos.

Under 8 and Under 9

In line with Capital Football junior competition rules the U8 and U9 games will be 7 a side.

Under 10-13

In line with the Capital Football junior competition rules, the U10, U11, U12 and U13 girls' and open divisions will be a 9-a-side competition played on a ½ OR ¾ field, with the goals to be a little smaller (with nets) on the ½ field and standard size on the ¾ field. The offside rule does not apply for this age group however loitering will not be tolerated by the referees.

All Other Divisions

U14, U15 and U16 girls and open divisions will be an 11-a-side competition played on a full-size field. The offside rule does apply for these age groups.

THE RULES

- All game times will be determined when final team numbers are known and draws released. There will be a 5-minute half time break for each game.
- Each player should wear the same shirt number in every match.
- For the U8-9 age groups 10 players are allowed on the match card
- For the U10-13 age groups 14 players are allowed on the match card
- For the U14-U15/U16 age groups 16 players are allowed on the match card and unlimited interchange can be used for all divisions provided the ball is out of play and the Referee is notified. Note: The Referee has full discretion to control substitutions.
- Match cards are available from the Registration Desk, located near the canteen. All players must sign the first card, and the coach/manager may sign the subsequent cards. Completed cards are to be handed to the match official at the commencement of each game. Match cards are to be returned to the Registration Desk by the winning team at the end of each game.
- Teams must be assembled at the correct field five minutes prior to the scheduled start time of their match.
- The tournament organisers will supply match balls.
- Any player who receives a red card will not be eligible to play the next scheduled game.
- Any player who receives three yellow cards will not be eligible to play the next scheduled game.
- The Referee's decision is final.
- Points – win 3, draw 2, scoreless draw 1, loss/forfeit 0.
- Teams not ready to play within 10 minutes of the nominated kick-off time forfeit the match (3-0 win to the opposition).
- For U8 and U9s
 - (a) If two or more teams are equal on points at the end of pool games the winner of the pool shall be determined by the calculation of goal differences (i.e., subtracting the number of goals conceded from the total of goals scored). The team with the highest resultant figure shall be deemed to have the best goal difference and shall be declared the pool winner.
 - (b) In the event that two or more teams are equal on goal differences the team having scored the highest number of goals shall be declared the pool winner.

14. All other Age groups: Standings will be determined by points. If teams are even at the end of all games in their pool, the winner will be decided by goal difference. If they remain even the winner will be determined by the team with most goals scored. If still even, then

the winner will be decided by the toss of a coin with the Tournament Official deciding who shall call the toss.

15. In the event of a draw during the play-off games, extra time of five minutes each way shall be played. If upon the conclusion of extra time the game is still drawn a penalty shootout shall take place, using the players on the field at this time.

16. Incidents and circumstances outside the rules will be decided by the Tournament Officials.

PLAYER/PARENT CODE OF BEHAVIOUR

The tournament organisers have adopted the following "Player Code of Behaviour and Parent/Guardian Code of Behaviour" from the Capital Football Academy Code of Behaviour, and this will be strictly enforced. The Tournament Officials will have the final decision on any situation.

Players

- Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
- Refrain from conduct which could be regarded as harassment towards fellow players and coaches.
- Respect the talent, potential and development of fellow players and competitors.
- Care for and respect the equipment provided to you as part of your program.
- Conduct themselves in a professional manner relating to language, temper and punctuality.
- Maintain high personal behaviour standards at all times.
- Abide by the rules and respect the decisions of officials, making all appeals through the formal process.

Parents

- Remember that your child participates in sport for their own enjoyment not yours.
- Focus on your child's efforts and performance rather than winning or losing.
- Never ridicule or yell at your child and other children for making a mistake or losing a competition.
- Show appreciation for good performance and skilful plays by all players (including opposition).
- Respect officials' decisions and teach children to do likewise.
- Do not physically or verbally abuse anyone associated with the sport (player, coach, referee etc).
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

Coaches

Coaches and team officials are expected to abide by all that is encompassed in the above Codes of Behaviour and above all encourage good sportsmanship by demonstrating positive support for all players, coaches, contest administrators and officials at every game